



भारतीय प्रौद्योगिकी संस्थान भुवनेश्वर

INDIAN INSTITUTE OF TECHNOLOGY BHUBANESWAR

F No. 2-30/2014-Estt.

Date: 31st May 2022

CIRCULAR

The undersigned is directed to convey that the Institute has accepted the proposals from AMRI Hospital, Bhubaneswar and SUM Ultimate Hospital, Bhubaneswar for conducting Annual Health Check Up for Faculty members and Group A Officers above the age of 40 years, as per CGHS Guidelines. The package of tests along with Consultation by both the Hospitals are attached (AMRI - Annexure-I & SUM Ultimate – Annexure-II) for reference.

Health Screening once a year would not only help to keep a track of one's health but also help in early detection and prevention of diseases along with increasing one's awareness towards Healthy Life. Therefore, All the Faculty Members and Group A Officers above the age of 40 years are advised to undergo Health Check-up, once in a year as per their convenience.

PROCEDURE:

1. The eligible Faculty Members and Group A Officers are advised to take a prescription with referral in this regard from the Medical Unit 2 to 3 days prior so that the Medical Unit would convey the same to the Hospital well in advance.
2. The eligible Faculty Members and Group A Officers must carry a copy of self-signed Medical Card to be presented at the Registration Counter of the concerned Hospital.
3. **DAYS OF CHECK-UP AT HOSPITALS:** From Monday to Saturday and except Sundays and Holidays. Appropriate leave would be applied before proceedings on health check-up.
4. **Contact person of the respective Hospitals:**
 - a. Mr. Amir (AMRI Hospital) : 9178277539
 - b. Mr. Utkal (SUM Ultimate) : 9861125829/6372900096

p. Saloo
31/05/2022
Assistant Registrar (Estt.)

Encl.: As stated.

ANNUAL HEALTH CHECK-UP PACKAGE – AMRI HOSPITAL BBSR

Annexure-I

| HEALTH PKG | |
|------------|--|
| Sl. No.- | Parameters |
| 1 | Routine Tests (i) Complete Haemogram |
| 2 | Peripheral Smear |
| 3 | Urine Examination (I) Urine Routine |
| 4 | Diabetic Profile (i) Fasting (ii) Post-Prandial(PP) |
| 5 | Lipid Profile (i) Total cholesterol (ii) HDL Cholesterol (iii) LDL Cholesterol (iv) VLDL Cholesterol (v) Triglycerides |
| 6 | Liver function Tests (i) Total Protein (ii) S. Bilirbin (Total) (iii) S. Bilirubin (Direct) (iv) S.G.O.T (v) S.G.P.T (vi) Alkaline Phosphatase |
| 7 | Kidney Function Tests (i) Blood urea (ii) S. Creatinine |
| 8 | Uric Acid |
| 9 | S. LDH |
| 10 | CPK MB |
| 11 | S. CRP |
| 12 | PSA |
| 13 | PAP Smear |
| 14 | X-Ray-Chest PA View Report |
| 15 | ECG Report |
| 16 | USG Whole Abdomen (Screening) |
| 17 | TMT |
| 18 | Mammography |
| 19 | Gynecology check up |
| 20 | Eye Checkup |
| 21 | Urology Checkup |
| 22 | ENT Checkup |
| 23 | Physician Consultation |

Asd
19/05/2022

ANNUAL HEALTH CHECKUP PACKAGE SUM ULTIMATE HOSPITAL BBSR

| SL NO | TEST NAME-MALE | TEST NAME- FEMALE |
|-------|---|---|
| 1 | Heamogram i- Haemoglobin ii- TLC III- DLC iv - Peripheral Smear | Heamogram i- Haemoglobin ii- TLC III- DLC iv - Peripheral Smear |
| 2 | Urine Examination i- Colour ii- Albumin iii- Sugar iv- Microscopic Exam | Urine Examination i- Colour ii- Albumin iii- Sugar iv- Microscopic Exam |
| 3 | Blood Sugar i- Fasting ii- Post-Prandial | Blood Sugar i- Fasting ii- Post-Prandial |
| 4 | Lipid Profile i - Total Cholesterol ii- HDL Cholesterol iii- LDL Cholesterol iv - VLDL Cholesterol v- Triglycerides | Lipid Profile i - Total Cholesterol ii- HDL Cholesterol iii- LDL Cholesterol iv - VLDL Cholesterol v- Triglycerides |
| 5 | Liver Function Test i- S. Bilirubin (Total) ii- S. Bilirubin (Direct) iii- S.G.O.T iv - S.G.P.T | Liver Function Test i- S. Bilirubin (Total) ii- S. Bilirubin (Direct) iii- S.G.O.T iv - S.G.P.T |
| 6 | Kidney Function Test i- Blood Urea ii- S. Creatinine iii- S. Uric Acid | Kidney Function Test i- Blood Urea ii- S. Creatinine iii- S. Uric Acid |
| 7 | Cardiac Profile i- S. LDH ii- CK MB iii- S. CRP iv - SGOT | Cardiac Profile i- S. LDH ii- CK MB iii- S. CRP iv - SGOT |
| 8 | PSA-FOR MEN | PAP SMEAR- FOR WOMEN |
| 9 | X-Ray Chest PA View with Report | X-Ray Chest PA View with |
| 10 | ECG Report | ECG Report |
| 11 | USG Abdomen Report | USG Abdomen Report |
| 12 | Echo/TMT Report | Echo/TMT Report |
| 13 | | Mamography(Both) |
| 14 | | Gynecological Consultation |
| 15 | Surgical Examination | Surgical Examination |
| 16 | | Breast Examination |
| 17 | Systemic Examination | Systemic Examination |
| | Resp System | Resp System |
| | CVS | CVS |
| | Abdomen | Abdomen |

psdless
19/05/2022

| | | |
|----|--------------------|--------------------|
| | CNS | CNS |
| | Locomotor System | Locomotor System |
| | Dental Examination | Dental Examination |
| 18 | Eye Examination | Eye Examination |
| | Rs.2000.00 | Rs.2200.00 |

P. S. Co.
19/05/22